

## **#SWIMMINGFUN**

St. Kathrein breaks all records: experience the largest expanse of water and the longest fun slide of all thermal spas in Kaernten.



# **#SPA**

Thermal water at a temperature of 34° and alleviation of migraines, rheumatism, joint or spinal pain.



## **#SAUNAENJOYMENT**

You are spoilt for choice: 520 m<sup>2</sup> for your health: enjoy the extensive sauna landscape with tepidarium, outdoor sauna, organic herb sauna, steam sauna and Finnish sauna.

**#HOLISTIC** massage, therapies and courses on everything to do with nutrition and

lifestyle in the NockMED

health centre.



## **#SPOILYOURSELF**

Wellness for all your senses: pamper yourself with beauty treatments and pedicure and highquality wellness products.



# **#UNWINDING**

The new resting and meditation area designed in Swiss pine invites you to unwind. Here there is also an outdoor area with a view of the mountains.



## **#DELICACIES**

Regional specialities: fresh Alpine Adriatic dishes as well as cakes and snacks in the Badewandl restaurant.



## **#REGIONALLOUNGE**

You will find everything that is typical of the region in the regional lounge. Large screens transmit all important sports events.



(9) Children's pool 16 m<sup>2</sup>

(10) Outside pool 78 m<sup>2</sup>

(11) Outside pool 491 m<sup>2</sup>

(12) Terrace

(13) Sauna

(14) Outside sauna

health center

(15) Therapy and









- 1 Entrance hall 2 Wellness pool 328 m<sup>2</sup> (3) WC/showers/changing (4) Rest area 5 Whirlpool/rondeau 6 Slide 7 Adventure area 8 Adventure pool 169 m<sup>2</sup>
- (9) Children's pool 16 m<sup>2</sup>
- (10) Outside pool 78 m<sup>2</sup>

(17) Cosmetics (18) WC/showers/changing Communal changing room (19) Sunbathing lawn 20 Regional lounge (21) Restaurant Badewandl 22 Rest area/sauna



(16) Swiss pine resting room + terrace (upstairs)

# **#DIPIN. #DIVEDOWN. #RESURFACE.**

# **#ALLTOGETHER**

Come down from the mountain and arrive at St. Kathrein thermal spa. After an energetic day on the ski slopes or a hike in our glorious Nocken moun tains, body and soul can relax in our completely refurbished family and health thermal spa.

Would you like to unwind in the 34° C warm whirlpooldrift in the wellness pool, perspire and improve your health in the sauna or have fun and recreation with the whole family? Just do whatever you feel like in our house! Those seeking relaxation, spa guests or adventurous water lovers from far and near - in the diversity of the extensive baths all can enjoy themselves in a relaxed atmosphere.





# **#SWIMMINGFUN**

Dip in, dive down, resurface. The largest expanse of water of all thermal spas in Kaernten and the most varied pool design guarantee never-ending water fun and recreation in summer and winter alike

The water paradise in the adventure area is perfect for families. Whilst the youngest ones paddle in the well-visible children's pool, the parents can either relax or join in the water fun with the older children. The adventure pool leads directly to the outdoor area with its thermal pool of almost 600 m2 and the new Kaernten attraction - the 86 m high Nockberg slide.

If you are looking a contrast to games and fun, then enjoy the relaxing effects of the Kleinkirchheim thermal spa water in the wellness pool and whirlpool. The sun terrace, too, with its incomparable view of the Nockberg mountains offers you ultimate relaxation.

30m <sup>2</sup>	200m <sup>2</sup>	570m <sup>2</sup>	16m <sup>2</sup>
ELLNESS	ADVENTURE POOL		CHILDREN POOL
			34°

# #HEALTH

Since the Middle Ages people have made pilgrimages to Bad Kleinkirchheim for health reasons. The thermal spa water with a temperature of 36° C has its source directly behind the St. Kathrein spa. It was originally known for its healing effect on eye diseases. Today spa guests seek alleviation and healing in our thermal pools from joint and muscle rheumatism, allergies, anaemia, migraine, exhaustion, sleep disorders, circulatory problems, sciatica, intervertebral disc damage, neuralgia and many other things.

Enjoy wonderful moments of respite in the stressfree atmosphere of our modern sauna landscape with the outdoor sauna, grotto, steam sauna, Finnish sauna, herbal sauna as well as comfortable resting areas whilst stimulating your immune system and circulation at the same time. The Roman tepidarium, where you can revitalize on heated stone plinths in a room temperature of 39° C, is particularly soothing.









# **#COMINGHOME**

The new St. Kathrein thermal spa is truly not a closed community, but forms a bridge between indoors and outdoors, between guest and host, between mountain and valley. Visitors are given a very warm welcome in our comfortable lounge. Bad Kleinkirchheim, the St. Kathrein thermal spa and the Nockberg region show their very best sides here. Accompanied by friendly holiday coaches and supported by state-of-the-art technology, you will guickly and easily discover the best offers for everything to do with wellness and health, accommodation, events, sports, cuisine and culture.



Therme St. Kathrein Dorfstraße 47 A-9546 Bad Kleinkirchheim

Phone +43 4240 81 100

ST. KATHREIN www.therme-kathrein.at

Thermal spa and sauna landscape Monday - Sunday 9 a.m. - 9 p.m.