

Price list

Body pack in the softpack bed, 20 min

Vulkan fango pack € 29,00

Aroma oil pack € 33,00

Evening Primerose cream pack € 33,00

Paraffin bath for hands

20 min € 15,00

20 min € 135,00 - package of 10

Carbonic-acid bath

20 min € 25,00

Hydroelectric bath

20 min € 31,00

Hydromassage automatic

20 min € 32,00

Physical therapy

30 min € 42,00

Physical therapy in water

30 min € 44,00

Kinesio Tape

Standard Tape € 12,00

Plus Tape € 14,00

Progressive muscle relaxation "Jacobson"

30 min € 42,00

Therapeutic Nordic Walking

30 min € 45,00

60 min € 81,00

Pilates in the group

55 min € 12,00

55 min € 94,00 - package of 10

Extension*

10 min € 16,00

Electro therapy*

20 min € 20,00

Magnetic field therapy*

16 min € 19,00

24 min € 25,00

Ultrasonic therapy

10 min € 21,00

Skenar therapy

20 min € 35,00

*only after medical consultation!

Price list

Classic Massage

20 min € 29,00

40 min € 45,00

Head and neck massage

20 min € 29,00

Sports massage

40 min € 45,00

"Speick" (alpine valerian) massage

20 min € 31,00

40 min € 47,00

Honey massage

20 min € 31,00

40 min € 47,00

Aroma oil massage

40 min € 47,00

Foot reflexology massage / combi massage
(combined with partial massage)

30 min € 39,00

50 min € 62,00 (Combi)

Lymphatic drainage

20 min € 32,00 (face lymphatic drainage)

40 min € 49,00

Anticellulite massage

40 min € 49,00

Breuss massage

30 min € 53,00

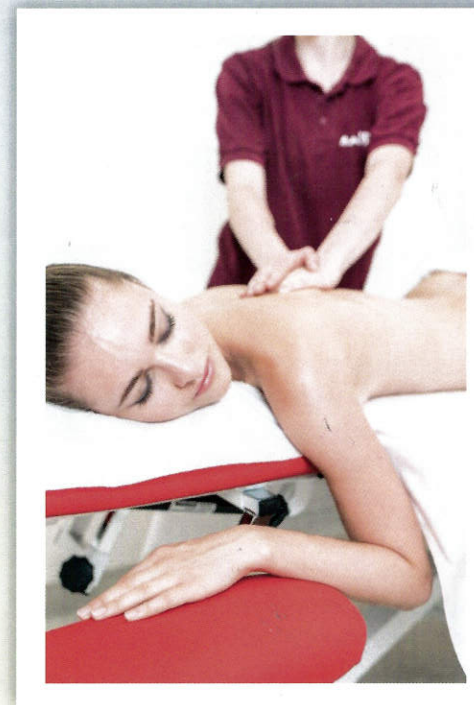
Hot Stone massage

with warm aroma oil

40 min € 48,00

60 min € 69,00

NOCKMED
Health Centre



Wellness offers
Therme St. Kathrein

NOCKMED
Health Centre

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Appointment required!

Relaxation packages

Relax package "Nockberge" - approx. 80 min

1 seasalt body peeling with "Speick" oil
1 body pack in the softpack bed
1 "Speick" oil massage, 40 min
€ 89,00

Relax package "Rosennock" - approx. 80 min

1 seasalt body peeling with rose essential oil
1 body pack in the softpack bed
1 rose essential oil massage, 40 min
€ 89,00

Relax package "Kolmnock" - approx. 80 min

1 seasalt body peeling with lavender essential oil
1 body pack in the softpack bed
1 lavender essential oil massage, 40 min
€ 89,00

Relax package "Wöllaner Nock" - approx. 80 min

1 seasalt body peeling with stone pine essential oil
1 body pack in the softpack bed
1 stone pine essential oil massage, 40 min
€ 89,00

Relax package "Mallnock" - approx. 80 min

1 seasalt body peeling with lemongrass essential oil
1 body pack in the softpack bed
1 lemongrass essential oil massage, 40 min
€ 89,00



Relaxation packages

Relaxation for the expectant mum - approx. 40 min

1 seasalt body peeling
1 massage, 20 min (lying on the side or sitting)
with Bi-Oil
€ 41,00

Anti cellulite treatment - approx. 60 min

1 body pack in the softpack bed
1 massage with a special brush, 30 min
€ 67,00

Wellness for your hands - approx. 40 min

1 paraffin bath for your hands
a peeling
and a short massage included
€ 39,00



for children

from 4 to 11 years

Nocki massage, 15 min

Back massage
with orange essential oil
€ 21,00

Chocolate or honey massage, 15 min

€ 21,00

Little Foot massage, 15 min

Jumping, running, skipping, walking and climbing ...

Even children's feet yearn for relaxation

€ 21,00

Head and face massage, 15 min

Enjoyable...

€ 21,00

for teenagers

from 12 to 17 years

Head and neck massage, 20 min

€ 25,00

"Chill amol" massage, 20 min

€ 25,00

"Chill amol" massage, 40 min

€ 39,00

